



## County Commissioner's Report

As we continue through these times, I do hope that you and your families are keeping safe and well. I know some leaders are shielding again, others juggling work, family and guiding all from the same room, others taking on bigger work challenges than they ever imagined, and it's not surprising that lockdown seems never ending. With the rollout of vaccines, we will get there and the country will unfold back to a "newer" normal, whenever and whatever that will be, so it is even more important now that we continue to look after each other.

I am delighted to be able to confirm that Charlotte Wright of Billingham has agreed to take on a second tenure as Division Commissioner and I am sure along with myself, Billingham Division, and the county team, we all offer Charlotte our support as she continues to guide Billingham through lockdown.

With every edition of GMail, I hope to be able to share a road map, assisting us back to being able to organise events and get back to seeing each other. Instead we are still thinking outside the box – that's the box outside of the first box and I know it's not easy so thank you once again for all you are doing.

Geraldine, who is the Safeguarding Lead at HQ, and Jill Webb who is the National Lead Volunteer for Safeguarding, both send a very big WELL DONE, as Cleveland managed to have all volunteers over the age of 18 trained for their role by the deadline of 31<sup>st</sup> December, even if it was with just four hours to spare! I personally echo their gratitude to you all and if you are a young leader still needing to complete the L1 and L2 training, or a unit leader that requires L3 in order to meet virtually, then details are in the training section on how to apply, or as always, please contact the county office if we can support you in any way.

Blended Guiding will continue for some time and to support this Guiding Zoom Pro accounts have been extended until 21<sup>st</sup> May and this date will be revisited depending on how lockdown unfolds. Having fun is what we are about and if you need a break from the programme as you are running out of virtual adaptations, why not take a look at the region's 50<sup>th</sup> Birthday Challenge Badge [Region 50th Birthday - Girlguiding North East England](#) or the Trefoil Air Ambulance Challenge [NEER Air Ambulance Challenge 2021 | Trefoil Guild](#).

For those of you who supplied risk assessments to meet ahead of the current national lockdown, these are in holding at region until it is confirmed which tier we will be in as we exit the national lockdown, and region will be in touch directly as the situation unfolds.

The message from region is such that if any leader intends to return to Guiding once we are back face to face, do not remove them from GO or change to a non-paying role as this will affect the leader's length of service. Leaders who are not attending zoom, can still plan or do accounts, or update GO, we need to be flexible with how unit teams are working and look after and value the volunteers we do have. Remember there is a county hardship fund if the unit cannot afford to pay for these leaders.

Take care, stay safe, look after each other and together let's share what guiding we can.

Val

## Subscriptions 2021

Trial invoices can be viewed from 12 noon on 26th January 2021 within the subscription system and amendments can be made on GO until **7pm on Monday 22 February 2021**. No changes can be made after this time.

All subscription payments must be received in full by 1st April 2021.

Your invoice is based on the number of active members recorded on GO whose main role is in this level.

To add/remove a young member from your invoice if they no longer attend unit meetings, please update the member's record in GO (visit Preparing for Annual Subscriptions helpfile in the Help Zone on GO). Speak to your Commissioner to update Volunteers in this level. The trial invoice will update at 10am each morning to reflect any changes made, remember to check the changes have been successful.

A full list of all those in your unit on GO, including those who are paid for elsewhere or are Recognised Volunteers who do not need to pay, can be found on the Unit Subscriptions Due report available from the Report tab on your level's GO details page.

For information about the subscription process speak to your Commissioner or visit [www.girlguiding.org.uk/subs](http://www.girlguiding.org.uk/subs).

Good luck!  
County GO Team

## Communications and PR

I know that during these unprecedented times units are not doing the wealth of exciting activities outdoors and in the community as usual but, if you have anything you feel would be newsworthy, let us know as we're here to help publicise our fantastic organisation on our website and in the media. Don't forget our regular Gazette column written by journalist and Rainbow leader, Lindsey Sampson, which is now going to be printed on the first Tuesday of each month. Please contact her if you would like her to cover anything specific [lin.mussett@gmail.com](mailto:lin.mussett@gmail.com).

Christine Brooks  
County Communications and PR Adviser [cbrooksowl@gmail.com](mailto:cbrooksowl@gmail.com)



<https://www.facebook.com/GirlguidingCleveland>

Please like our page and encourage parents to do the same. We need local items to go on this page to show what Girlguiding Cleveland has been doing. This page is open to anyone to view, so please be mindful as to what photos you send to it. If you wish you can email your write up to me and I will put it onto the page: [karen.lee6950@gmail.com](mailto:karen.lee6950@gmail.com).



## 18 - 30

Some updates on the 18-30 offer. It is now called *Inspire* and it brings together 7 pathways of Guiding for members ages 18-30. It sits under Growth and Retention at a national level, with retention being an important part of the pathway. With this in mind, I'm asking members who are aged between 18-30 to contact me with ideas on what you would like this offer to be.

What things do you want me as a Co-ordinator to do?

Do you want different events to be ran? If so what events?

What would make the offer more appealing to be a part of?

I would also like to know what is the best way to contact you, is it via text/WhatsApp, Facebook (or other social media) email, or post? It would be great if you could contact me so that I can help make *Inspire* accessible to everyone.

I am also looking at the transition between Rangers and Inspire and would like the opinions of those who are nearing the end of their time at Rangers. Being co-ordinator for Queens Guide and Peer Education, I have links with some members, but I would be grateful if Ranger leaders could pass this information on, and relay their thoughts back to me please.

Keep an eye out on both the county and region social media for exciting updates such as themed topic months, exciting events, volunteering opportunities and opportunities direct from WAGGGS.

Cleveland County:

Facebook – Inspire Cleveland County

Instagram – inspireclevelandgguk

Region:

Facebook – Girlguiding Inspire NEE

Instagram – girlguidinginspirenee

## Peer Education

I am coming up to my 26<sup>th</sup> Birthday in the Summer, which means I will no longer be a Peer Educator and county will be looking for someone to take over my role of co-ordinator. This involves being there for Peer Educators, assisting with any questions which may arise, as well as advertising opportunities to recruit new Peer Educators. If you think this sounds like a good role for you, or you have any questions, please don't hesitate to contact me.

## Queen's Guide

Can any members who are doing their Queen's Guide award, please contact me with where they are up to, and what they have left to do. This is so I know who needs what, and I can send the relevant opportunities through.

Many thanks

Pamela Kelly

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## Training

### Safe Space Training

If you are a young leader requiring L1 and L2, you can do this online yourself, or attend an online training on 15th February from 6.30pm by following this link <https://girlguidingnortheast.org.uk/events/a-safe-space-level-12-for-young-leaders-virtual-monday-15-february-6-30pm/>.

If you are leader requiring L3, you can complete the online top up and apply for the training with region following the link <https://www.eventbrite.co.uk/e/a-safe-space-level-3-tickets-133863995815>. Please note sessions are limited so please start checking for a suitable date once you receive your 6 month reminder to renew. Keep a check on your GO record to see when your level 1 and 2 are due to renew, these can be completed online.

### First Aid

Plans are underway to offer a session in March. This will be 2 x 2 hour sessions and 1 x 1 hour session online with a 1 hour face to face skills element that will be organised once it is safe to do so, along with an e-learning (first response e-learning) access via GO. In order to make sure every unit can open up once it is safe to do so, can I politely ask that only 1 leader per unit applies. If your unit will be covered this year by another leader having an up to date first aid please consider waiting before renewing it.

If you need first aid in order to complete your ALQ please apply.

### Programme Training

Programme trainings for rainbows, brownies and guides have been arranged for the week beginning 15th February, this has been emailed to all leaders in training as registered on GO. If you have not received an email please email Judith on [girlguidingcleveland@outlook.com](mailto:girlguidingcleveland@outlook.com). Places will be open to other leaders at a later date if there are any spaces left.

Karen Lee

Training and Events Coordinator

[karen.lee6950@gmail.com](mailto:karen.lee6950@gmail.com) (please note new email address)

## Trefoil

Trefoil Guilds are continuing to meet although it's by Zoom, email, phone, letter and personal contact. Some of our Guilds are using the NEE Trefoil Guild Air Ambulance Challenge as a basis for their activities and hope that units are also making use of the activities in it. The fundraising element may be a problem at the moment, but hopefully we may be able to get together later in the year to support this worthwhile cause.

I think many members, myself included, have updated their IT skills during lockdown which has been a good thing, and are more confident using email, WhatsApp and Facebook which should make communication easier in the future.

It's also good to hear that Girlguiding in Cleveland is thriving, well done everyone and to those of you in essential jobs and keeping life going for us – A big thank you.

Sue Thompson

Cleveland County Trefoil Guild Chair

## Level 2 Certificate in Understanding Children and Young People's Mental Health

Stella Smith, a Brownie leader who works for a training company in Middlesbrough has provided information on a new fully-funded course which might be useful for leaders and volunteers. It is particularly relevant given the current situation. If you are interested or would like some more information, please email Stella [enecee@aol.com](mailto:enecee@aol.com) with your contact details.

Course Length	8-12 weeks average course length
Awarding Body	NCFE

### Level 2 Certificate in Understanding Children and Young People's Mental Health

Are you interested in increasing your knowledge of children's mental health? Courses online, such as this one, allow you to develop your knowledge at your own pace, and in your own home. This qualification aims to equip you with a more detailed understanding of mental health conditions that affect children and young people, the legislation and guidance surrounding mental health, risk factors that may affect mental well-being and the impact that mental health concerns may have on young people and others.

#### ***Unit 1: Understand children and young people's mental health in context***

*In this unit, you will learn about the concept of mental health and how society's view of mental health has changed over time. You will also learn about the legislation in place to support children and young people's mental health.*

#### ***Unit 2: Understand factors which may affect children and young people's mental health***

*This unit will cover the risk factors that can affect children and young people's mental health and how these can be mitigated. You will also look at how developmental changes and puberty can impact children and young people.*

#### ***Unit 3: Understand children and young people's mental health concerns***

*This unit will look at the behaviours displayed by children and young people that may indicate a mental health concern. You will look in more detail at common mental health conditions that affect children and young people.*

#### ***Unit 4: Understand the impact of children and young people's mental health concerns***

*In this unit, you will investigate the impact of mental health concerns on children, young people and others. You will look at the importance of diagnosis and the reasons why there may be a reluctance to seek a diagnosis.*

#### ***Unit 5: Understand how to support children and young people with mental health concerns***

*In this fifth and final unit, you will explore person-centred approaches to supporting children and young people with mental health concerns, how to promote mental well-being in children and young people, and the services and treatment involved with children and young people's mental health.*

### 1<sup>st</sup> Response Training

**Virtual Training 10<sup>th</sup>, 17<sup>th</sup>, & 24<sup>th</sup>  
March  
Face-to-face – to be arranged**

1st Response Training - £15  
Virtual, face-to-face and online  
e-learning must all be completed

Online – training initially for leaders  
in training and those units without a  
valid 1<sup>st</sup> response certificate

### Safe Space Training

To complete the online Safe Space Level 1 and Level 2 please use the following links, and remember to fill in the questionnaire at the end and add in your membership number to add the record to your GO profile.

Level 1

<https://www.girlguiding.org.uk/making-guiding-happen/learning-and-development/a-safe-space-training/a-safe-space-level-1--an-introduction/>

Level 2

<https://training.girlguiding.org.uk/a-safe-space-module-2/#/menu/5c1b888888f2971c5fe4d881>

Young Leader Level 1 and Levels 2 – Region online training

<https://girlguidingnortheast.org.uk/events/a-safe-space-level-12-for-young-leaders-virtual-monday-15-february-6-30pm/>

Level 3 – Region online training

<https://www.eventbrite.co.uk/e/a-safe-space-level-3-tickets-133863995815>

### Section Training

**Section Training  
Rainbow – 15<sup>th</sup> February 2021  
Brownie – 16<sup>th</sup> February 2021  
Guide – 17<sup>th</sup> February 2021**

Virtual section training

Online 7pm-8.30pm – for leaders in  
training requiring a section training  
for their ALQ

### Save the Date

**19<sup>th</sup> – 21<sup>st</sup> November 2021**

Waddow Training Weekend